

FAST AND APPROPRIATE
HELP IN A CRISIS

CONTACT:

For general requests about the psychNAVi
kontakt@psychnavi-bremen.de



CRISISHELP

When someone is experiencing a mental health crisis, it is important to provide rapid, immediate assistance. In Bremen different contact points are responsible for this at different times and in different locations. That is why **psychNAVi Bremen** features a search system which, once the district has been entered, finds the appropriate telephone number for the relevant time of day or night. In Bremerhaven there are central contact points, regardless of the district. Therefore, such a search system is not necessary in **psychNAVi Bremerhaven**.

www.psychNAVi-Bremen.de

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Bremen



Bremerhaven

psychNAVi 
Finding Help with
mental health issues
in Bremen and
Bremerhaven

 **PASSENDE** Telefonnummer

Stadt- oder Ortsteil eingeben

 Anzeigen

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Die Senatorin für Gesundheit,
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AN INTERNET PORTAL FOR FINDING HELP WITH MENTAL HEALTH ISSUES

When someone experiences a mental health crisis or suffers from psychological problems and requires assistance, it is often challenging to obtain an overview of the various support services available. This applies to those affected themselves, their relatives, and sometimes even to professional helpers. The **psychNAVi** provides a comprehensive register of the support services in Bremen. We aim to connect people with the services that will provide them with the appropriate support.

WAYS TO SUPPORT

DIFFERENT WAYS LEAD TO THE SUPPORT SERVICES.

The psychNAVi provides a comprehensive list of services offered by the support system in Bremen, divided into various categories. The most important information is listed for each entry, e.g.:

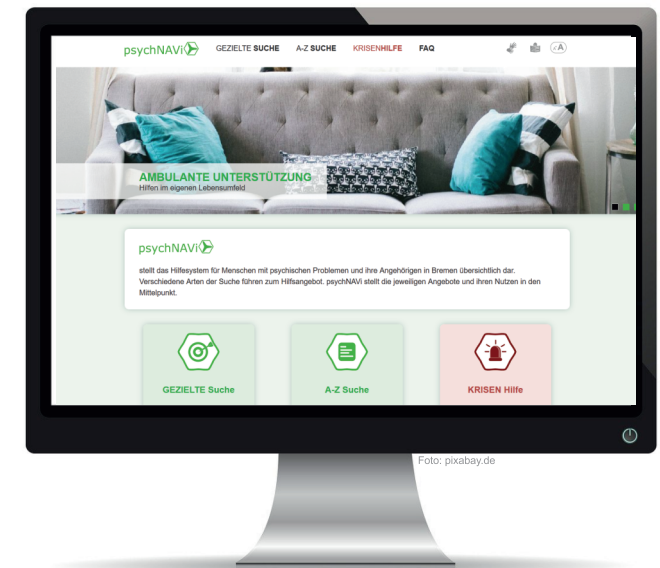
-  A brief description of the content of the service
-  contact details like email, address and telephone number
-  entry requirements
-  Opening hours

Various filter functions help to incorporate a person's needs and wishes into the search in order to find the right support service that is precisely tailored to the target group.

ASSISTANCE WELCOME

CONTACT FORM

A service such as the psychNAVi is dependant on user participation. Changes and new support services can be submitted via a contact form. These are then reviewed and approved by the psychNAVi editorial team. This ensures that the register and its content is always up to date.



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